



# JUNIOR FOOTBALL CLUB

## UEFA B - ACADEMY STANDARD TRAINING

### UNDER 5-12's HOLMFIRTH FOOTBALL

#### What and Why?

Let's give the Under 5-12's of Holmfirth and the Holme Valley the perfect 'football' start to life, using the FA (Football Association) 'four corner' coaching model:

- \*technical
- \*social
- \*physical
- \*psychological

As well as football skills we want to develop our children's motor skills: agility, balance and coordination. These skills, which are fully formed by the age of 10, are vital in all walks of life and 90% of English pre-school children have been found deficient (Loughborough University).

#### How?

We teach: ball skills, exciting 1v1 attacking and defending principles; 2v1, 2v2 and 3v3—small sided games to learn the game as a whole.

Your child will have multiple touches of the ball; attacking/defending opportunities; and be encouraged to be creative and develop their own unique style.

All sessions are designed around our motto of fun, excitement and creativity.

We further develop your children's motor skills through regular, and additional, basketball sessions - basketball is the sport most complimentary to football with its short/sharp/left/right/leaping movements.

We also encourage a multi sports activity programme through our partners Holmfirth and Cartworth Moor Cricket Clubs; U Can Shine Soccer Schools and Project Sports multi sports programmes.

#### Who?

The U5-7 sessions are taken by Holmfirth Town chairman Andrew Watson, a former professional footballer, who formed Holmfirth Town Football Club in 2010 and the junior section, with Ian Wadsworth, also an ex-professional footballer, in 2011. During 2017 Andrew will have achieved the UEFA 'B' coaching licence, as well as the full FA Youth Award. The U8-12 sessions are taken by Shaun Weatherhead, also an ex professional footballer.

#### Where?

Sessions and mini soccer matches are carried out on the finest mini soccer surfaces in Huddersfield (using the outfields of our cricket club partners) and the finest indoor soccer centre in West Yorkshire-Shoot 5.

#### Registration

To find out more about us or to register please email [holmfirthtownjfc@hotmail.co.uk](mailto:holmfirthtownjfc@hotmail.co.uk) or call 07931371169. To complete the necessary paperwork allow at least 48 hours before your first session. You are required to stay with your child for the whole session.

#### Progression Opportunities

You have the option to join Holmfirth Town Under 5-12 teams and progress through the ranks which will cover all ages from U5 to U18 by 2023.

#### Our coaching model works!

The first ever Holmfirth Town U5 team were Huddersfield U9 junior cup winners by 2016; and three age groups reached the cup quarter finals/semi-finals in 2017! We have boys at several professional academies right up to Premier League Manchester City! All are Holmfirth children!

Please see the testimonials of current Under 5/6 parents overleaf.

**OFFICIAL PARTNERS**

**BRITISH GYPSUM**

**CLOTHIERS ARMS**

**CONROY BROOK**

**DUNSLEY HEAT  
FIRESOLVE**

**HAWLEY  
ASSOCIATES**

**F SHAW**

# Holmfirth Town



**MAIN CLUB SPONSOR  
JONES HOMES**

**OFFICIAL PARTNERS**

**HOLMFIRTH  
FRESH FISH**

**HOLMFIRTH  
HIGH SCHOOL**

**JIANA JEWELLERY  
RAMSDENS SOLICITORS**

**WAGSTAFF SHOES**

**CHANCELLOR  
FINANCIAL  
MANAGEMENT**

*Freddie joined Holmfirth Town a month ago when he was still four years old. He absolutely loves playing, is making new friends, and his confidence is building no end. It is extremely well coached and the children are constantly encouraged and praised. Thanks for being so brilliant with him. He is loving it.*

*Lain says he wanted to join Holmfirth Town Under 5s as his older brother Eben loves it and he wants to play like him.*

*I was a little sceptical that, at age four, Felix would have the concentration, skills, continued enthusiasm and discipline required to play football with a team-how wrong I was! He has been attending Holmfirth Town Under 5 training sessions with Andrew for a number of months now and the transformation is incredible! From following the ball around the pitch the boys all now look for space, they pass and talk to each other and work as a team! The way that the sessions are structured means that there is rarely a time when the boys don't each have a ball - critical to their continued enjoyment and commitment. They practice skills and then play in smaller groups so that they have the coach's full attention. The coaches are incredible-kind but firm-to see a group of boys doing precisely as they are asked within '3-2-1', every single time, is remarkable. Holmfirth Town doesn't just teach football-it teaches respect, team work, agility, compassion, commitment. I could not recommend it highly enough!*

*Sam absolutely loves going to football training. Andrew is patient, friendly but focused with the children and it has resulted in a lovely sense of team spirit. Highly recommend it for any children interested in starting to play.*